

Wellness Innovation Scholarship for Health Professions Education and Health Sciences (WISHES)

WISHES Symposium
22 May 2024
Health Sciences Centre - University of Calgary



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Keynote Address: Deconstructing “Burnout”: Analyzing Discourses in Postgraduate Medical Education

Keynote Workshop: Speaking “truth” to “power”: Critical Discourse Analysis in an EDIA world

The **Wellness Innovation Scholarship for Health Professions Education and Health Sciences (WISHES)** is a virtual laboratory aimed at enhancing the learning experience at CSM by reducing stigma related to illness and creating a safe culture for help seeking.

This free in-person event is open to anyone with an interest in learner and health practitioner wellness research and innovation. In addition to the keynote address, there will also be presentations and posters from local learner and health professional wellness researchers and innovators.

Keynote Address: Deconstructing “Burnout”: Analyzing Discourses in Postgraduate Medical Education

In this talk, I will describe the history of “burnout” in medicine broadly and describe how the way in which we have described “burnout” within medicine specifically have created the conditions of possibility to see it in very particular ways, especially for trainees. Special attention will be given to burnout in the period of postgraduate medical education, where trainees are both part of the health workforce and trainees of an education system. Finally, I will address research on “burnout” going forward and things we can do as a community to begin to address what we say, do and attend to when it comes to burning out.

Workshop: Speaking “truth” to “power”: Critical Discourse Analysis in an EDIA world

As an individual that cares about the health and wellbeing of health workers, I use many tools to understand what is possible for us to say, do and be. Using an equity informed lens, in this workshop, you will learn about methods of discourse analysis broadly, and critical discourse analysis specifically to identify what exactly is “power”, “resistance” and “freedom” and how can we learn what is possible for us to say, do and be in relations of power as we navigate the many roles we and our students have.

A tentative symposium schedule is as follows:

9:00-10:00	WISHES Keynote - Deconstructing “Burnout”: Analyzing Discourses in Postgraduate Medical Education
10:00-11:30	Oral Session
11:30-12:45	Poster Session & Lunch
1:00-3:00	OHMES Workshop - Speaking “truth” to “power”: Critical Discourse Analysis in an EDIA world

Register at wishes@ucalgary.ca

For further information, please contact wishes@ucalgary.ca or visit the [website](#). A final program will be available prior to the event.

