



ACP CRIO

Advance Care Planning Collaborative Research & Innovation Opportunities Program

Adopting recommendations from South Asian Community to help improve their understanding of Advance Care Planning concept

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UNIVERSITY OF CALGARY

Advance Care Planning



CONVERSATIONS MATTER



The Green Sleeve, your "Health Passport."

Goals of Care Designation



R
Resuscitative care



M
Medical care



C
Comfort Care

Conclusion

With the aid of these information sessions, we are able to adopt at least 5 out of 8. recommendations by the community including;

- 1- Recognize and build on community capacity
- 2- Inform the community through forums and seminars;
- 3- Include religious and community leaders in ACP discussions
- 4- Respect cultural norms.
- 5- Use stories to foster understanding

Learning Objective

- Enhance ACP and GOC discussion process in culturally diverse population.
- Apply multilingual skills to improve health care by extending responsibility for care beyond the hospital, into multicultural communities.

Methods

- We approach community groups with the help of religious and community leaders. A bilingual speaker delivers interactive sessions, aided by powerpoint presentations and the use of narrative stories.
- We conduct a feedback survey at the end of every session to help improve the presentation for the subsequent group. This interactive process will be used 3-4 times per year to develop an acceptable/effective session.

References

- conversationsmatter@albertahealthservices.ca
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- Statistics Canada . National Household Survey (NHS) Profile. 2011 National Household Survey. 2013; Statistics Canada Catalogue no. 99-004-XWE.
- Biondo P et al. Understanding advance care planning within the South Asian community. Health Expect. 2017 Oct; 20(5): 911–919
- Perkins HS, Geppert CMA, Gonzales A, Cortez JD, Hazuda HP. Cross-cultural similarities and differences in attitudes about advance care planning. J Gen Intern Med. 2002;17:48–57.

- Advance Care Planning (ACP) is a way to communicate one's wishes and preferences for healthcare in future. There is a significant cross-cultural variability to understand this concept.
- The South Asian Community group is the largest visible minority group in Canada. Patient and Community Engagement Research Program (PaCER) at the University of Calgary recently published perspectives of South Asian Community for ACP.

Community Recommendations

- ✓ Recognize & build on community capacity
- ✓ Inform the community via ACP seminars
- ✓ Involve religious & community leaders
- ✓ Include family members in ACP discussions
- ✓ Respect cultural norms
- ✓ Encourage doctors to initiate ACP
- ✓ Translate more ACP materials
- ✓ Use stories to foster understanding

Objective

- To provide concise and relevant information about ACP to the community groups in their native language to improve understanding the aspects of Advance Care Planning.